Alternative Psychotherapies

You will be working in groups of 1, 2, 3 or 4 – no larger.

# Role assignments:

**Group of 4:**

2 Researchers

1 Scribe

1 Speaker

**Group of 3:**

1 Researcher

1 Scribe

1 Speaker

**Group of 2:**

1 Scribe/Researcher

1 Speaker/Researcher

**Group of 1:**

1 Scribe/Speaker/Researcher

# Role explanation:

The researcher – will find all of the information for the scribe and speaker. They need to find accurate information, read it, understand it and explain it to the scribe and speaker.

The scribe – will be writing the notes (answering the questions) with the information provided and explained by the researcher. The information will be neatly printed on a large piece of paper suitable for display.

The speaker – will be presenting the information to the class. Yes, needs to be able to speak. Should understand the material and be able to answer questions.

# Questions:

1. What is the goal of this kind of therapy? What is it intended to help or do?
2. How does it work? What is involved in the therapy?
3. What are the keys to success?
4. What are the problems? Possibilities of failure?
5. In your groups’ opinion, is this a viable therapy for which it is intended?