

Dissociative Disorders

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Definition: A disorder of consciousness, characterized by a sudden loss of memory or change in identity, often in response to an overwhelmingly stressful situation

Symptoms:

- Behavioral- Impulsive, self-destructive, self harm
- Mood- Anxiety, mood swing
- Psychological- Flashback, depression, blackout, amnesia

Causes:

- Overwhelming stressful situation
- Trauma
- exposed to long-term physical, sexual or emotional abuse during childhood