

Dissociative Fugue

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What is it?

- reversible amnesia for personal identity, including the memories, personality, and other identifying characteristics of individuality
- individual wanders away from his home or place of work for periods of hours, days, or even weeks
- conscious awareness separates from painful memories/thoughts/feelings

Symptoms

-amnesia, no memory of past actions

-sudden travel from home

-confusion about identity

-problems with daily functioning

-fatigue

Causes

- severe stress
- result of traumatic events -such as war, abuse, accidents, disasters, or extreme violence -that the person has experienced or witnessed

<https://m.youtube.com/watch?v=jpsg7OuDr-8>