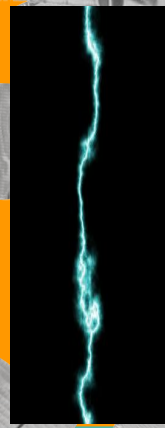
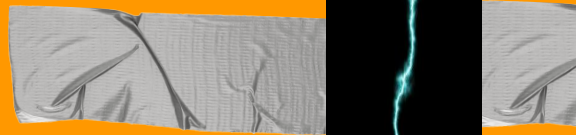


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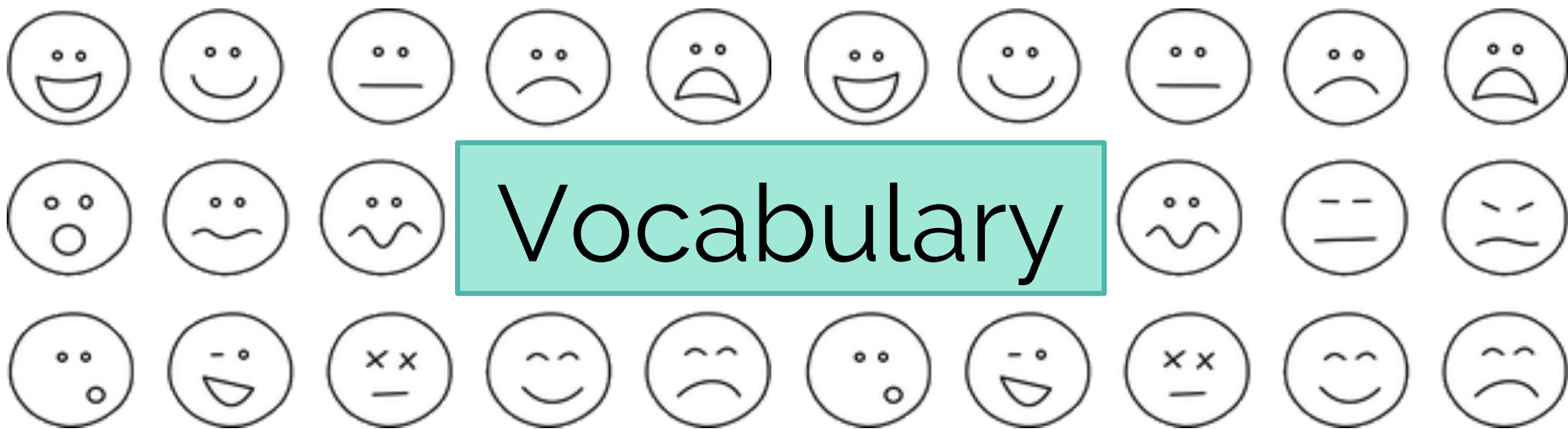
Module 42



Module 42



- Much of our communication is through body movements, facial expressions, and voice tones.
- The meaning of gestures varies with culture, but facial expressions, such as those of happiness and fear, are common all over the world.
- Emotion is best understood by a biological, cognitive, and social-cultural perspective.
- Research on the facial feedback effect shows that our facial expressions can trigger emotional feelings and signal our body to respond accordingly.
- We also mimic others' expressions, which helps us empathize.



The Facial Feedback Effect- The tendency of facial muscles states to trigger corresponding feelings such as fear, anger, and happiness.

Health Psychology- A subfield of psychology that provides psychology's contribution to behavioral medicine.

MC questions:

1. What do we call the tendency of facial muscle states to trigger corresponding feelings such as fear, anger, or happiness?: D

- A. Culture- specific expression
- B. Moebius syndrome
- C. Botox
- D. Facial feedback effect
- E. Culturally universal expression

2. Which of the following statements is most accurate regarding emotion?: E

- A. Smiles are neither social or emotional events
- B. Inhabitants of individualist countries are more likely to display non verbal emotions than inhabitants of collectivist countries.
- C. Mouths convey more emotion than eyes
- D. Natively blind people who have never seen a smile will never generate a smile.
- E. Cultures share a universal facial language for basic emotions

3. Which subfield of psychology provides psychology's contribution to behavioral medicine?: B

- A. Cognitive
- B. Health
- C. Clinical
- D. Educational
- E. Community

Name four pieces of evidence that suggests women are more empathic than men.

- After analyzing 125 studies of sensitivity to nonverbal cues, Judith Hall concluded that women generally do surpass men at reading emotional cues when given little information about behavior.
- A study was made by Lisa Feldman Barrett and her colleagues to describe how people would feel in certain situations. The results showed that men tended to describe the situations with simpler emotional reactions.
- In studies of 23,000 people from 26 cultures around the world, women more than men reported that they are more open to feelings.
- When surveyed, women are also far more likely than men to describe themselves as empathic.