



Understanding Dissociative Disorders

Emily and Dan

Understanding Dissociative Disorders

- Researchers and clinicians have interpreted dissociative disorders and their symptoms from psychoanalysis and learning perspectives
- Both views agree that symptoms are ways of dealing with anxiety
- Psychoanalysis view them as defense mechanisms against anxiety caused by the eruption of unacceptable impulses
- Dissociative disorders as behaviors are reinforced by anxiety reductions
- Many DID patients recall suffering abuse as children
- Dissociative disorder patients also have exhibited heightened activity in brain areas associated with the control and inhibition of traumatic memories
- Many researchers are skeptical that this is a real form of disorders