AP Psychology

Mrs. Rutherford

Unit 5 Assignment Sheet

*Unit Topics*: Sleep and Dreams, Hypnosis, Drugs and Consciousness

*Dates for Unit*: October 24th – November 3rd

*Exam Dates:* November 3rd – 25 multiple choice questions - 2 pts each, 1 ten point FRQ. *Quiz dates*: None

*Assigned reading (35 pages)*:

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| **Date** | **Pages we will be discussing:** | **Topic** |
| 10/24 | 175-181 | Sleep |
| 10/25 | 181-187 | Sleep loss & disorders |
| 10/26 | 187-192 | Dreams |
| 10/27 | 192-196 | Hypnosis |
| 10/28 | 197-207 | Drugs (psychopharmacology & psychology) |
| 10/31 | 208-210 |  |
| 11/01 | Notecards due!  |  |
| 11/02 | Practice Test & Review |  |
| 11/03 | Exam | 25 Multiple Choice Questions, 1 FRQ |

*Note cards*: Below is a list of terms that you will need to know for the AP Psych exam. These are due before the exam (11/01). Each note card should have the term on the front. Then, on the back you need to **A) define the term** and **B)** **show application of the term.** This application can sometimes best be expressed as a personal example. You can also draw the application of the term if you so desire.

* consciousness
* circadian rhythm
* REM sleep
* hallucinations
* insomnia
* narcolepsy
* sleep apnea
* night terrors
* manifest content
* latent content
* hypnosis
* dissociation
* physical dependence
* psychological dependence
* depressants
* barbiturates
* opiates
* stimulants
* hallucinogens